

# One Thing

## Pillar

Sometimes, our minds can make us believe and teach us to see  
That there's nothing there, we fool ourselves knowing we're wrong

When we follow along  
We've misunderstood what we meant for good

There is one thing you've been meaning  
To talk about but don't know what to say  
And that one thing that you're feeling  
Chances are that someone feels the same way  
As the one thing you've been meaning  
To bury and then hope it goes away  
And that one thing that you're feeling  
Doesn't mean you have to go away

I don't know if you realize that you're not alone  
Can you let me know?  
But there is someone out there for you that is going through the same as you

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Why can't we see that there's nothing that we'll have to face?  
Or something will happen, where we can't turn back  
And we will be stuck right here on our own