Can you tell me why
We all run from the hurt inside?
There's no need to cry
Dry your eyes and take a breath
It's life or death
Can you tell me what you're waiting for?

If you lose it all
And it just won't feel the same
In the fight to carry on
You stand and face the rain
And as you watch it fall
You learn to live again
It isn't all that bad
When you're still standing in the end

Give this one more try

Take my hand and let your heart decide

Hold your head up high

Close your eyes and take a breath

It's life or death

Can you tell me what you're waiting for?

If you lose it all
And it just won't feel the same
In the fight to carry on
You stand and face the rain
And as you watch it fall
You learn to live again
It isn't all that bad
When you're still standing in the end

And all the voices cry out They pull you up tear you down Then that One voice Whispers your name again

If you lose it all
And it just won't feel the same
In the fight to carry on
You stand and face the rain
And as you watch it fall
You learn to live again
It isn't all that bad
When you're still standing in the end