Days were so cold
Nights spent alone
Searching for that something
That I've never known
Held captive by the pain
Caught up in all the shame
My heart just won't stop playin these head games
Its like a terminal disease
And now I've found a remedy

You You're keeping You're keeping me alive With this fire on the inside

Now I see the sun
The battle wages on
Gotta watch my back this time
So I know where its all coming from
Its like a shadow I can't see
And its sneaking up on me

You You're keeping You're keeping me alive With this fire on the inside