Day of Silence

Pete Townshend

When you're feeling low Try a day of silence Take things very slow Listen to the wireless

Never speak a sound Sit up on the hedgerow Watch the world go round Peace will let your mind go

When you've had a row
Sit alone say nothing
It's really funny how
You quickly see that something

Wonderful and warm
Lies between each second
In every side and out
Eternity will beckon

You and me, we are part of a single soul
And one day we will know we're one
Sit and listen the word will come
There is nothing beneath the sun that we can't realize

And one peaceful night
Will remind us that it's alright
And we'll figure we owe it all
To one life of silence

Whispers will emerge Proud against the thunder The wind hiss precious words Erase our problems rumble

Watch a speckled fawn Hear it crash like seaspray Someone sees it all We will meet him someday

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Try a day of silence
Take things very slow
Maybe listen to the wireless