Content

Pete Townshend

I am ready to learn and to grow I am alone with the truth I am brave, what is there to fear? I am strong, God supports me

I am patient, each moment of eternity I am able to help when necessary I am happy, singing in the arms of God

I am balanced, keeping mind and heart equal I am complete when I forget myself I am receptive to each message of love I am responsive to all that lives I am happy, singing in the arms of God

Enough, I am content I am content