

I see your problems are all inside  
but you don't ever know  
if you'd start trying to open your mind then you  
could just let them go  
the more that you know  
the less that you know  
you'd see those problems  
are all inside of your mind  
and soon you'll find  
your world is going down  
you've reached the ground  
you can't turn around  
you want to start giving up trying  
you want to start curling up and dying  
now  
you got to try to make that test  
you gotta start giving your best  
everytime  
you've got to read the signs  
before you know where to go  
all this confusion  
that's trapped in your mind  
it's just not helping you grow  
I can't see why  
just can't believe  
that you have chose  
to dwell in your own hell  
leave it alone  
you're gonna get through this yourself leave it  
alone  
you're gonna get through this  
through your own hell.