

There's a time for us to let go
There's a time for holding on
A time to speak, a time to listen
There's a time for us to go

There's a time for living low down
There's a time for getting high
A time for peace, a time for fire
A time to live, a time to die

A time to scream, a time for silence

A time to scream, a time for silence
A time for truth against the lies
A time for fate, a time for science
There's a time for us to shine

There is a time for mis-believing
There's a time to understand
A time for hurt, a time for healing
A time you run, to make a stand

Oh, this is the time of our lives
Oh, this is the time of our lives
Oh, this is the time of our lives
Oh, this is the time of our lives

Hold on