Cry if you want to
I won't tell you not to
I won't try to cheer you up
I'll just be here if you want me

There's no use in keeping
A stiff upper lip
You can weep you can sleep
You can loosen your grip
You can frown, you can drown,
and go down with the ship, you can
Cry if you want to

Don't ever apologize venting your pain
It's something to me you don't need to explain
I don't need to know why
I don't think it's insane, you can
Cry if you want to

The windows are closed,
The neighbors aren't home
If it's better with me than to do it alone,
I'll draw all the curtains and unplug the phone, you can
Cry if you want to

You can stare at the ceiling and
Tear at your hair
Swallow your feelings and stagger and swear
You can show things and throw things
And I wouldn't care, you can
Cry if you want to

No, I won't make fun of you
I won't tell anyone
I won't analyze what you do or you should have done
I won't advise you to go and have fun, you can
Cry if you want to

Well it's empty and ugly and terribly sad I can't feel what you feel, but I know it feels bad I know that it's real and it makes you so mad You could cry

Cry if you want to
I won't tell you not to
I won't try to cheer you up
I'll just be here if you want me to be near you