Greetings.

Redrains and sistrains.

The P.O.D. comin' at ya,

With the fundamental elements of this little place we call the Southtown.

We come to ya with authority.

We bring wisdom and power.

We strength and might.

So if you have eyes to see and you have ears to hear.

I'll tell you this.

You will understand what is true

So Jah people ride on, Jah people ride on!

For this is our reality.