

## I Woke Up Today

Owen

I woke up today and felt my age  
For the first time in both my mind and body  
And my thoughts are less of fitting in and more of being a better man  
And my overbite is getting worst and my whole fucking face hurts  
I woke up today with the whimper  
Not the bang of a schoolboy or a father  
And it seems those fifteen pounds I've lost since you left  
Were the part of me that you loved most and knew best  
And I woke up today feeling my age  
And the sum of everything I've ever done  
And either I just got kicked in the teeth or time has changed me