

# Birth of Tension

Overkill

you are killin' me, your mouth is movin'  
but I cannot hear you speak  
life's a tragedy, go on livin'  
in a world not for the weak  
keep your dreams inside your heart  
never let the pressure tear you apart  
truth is whispered on a breath  
loud enough to cover the smell of death

never thought too important to mention  
livin' through the birth, the birth of tension  
never thought too important to mention  
livin' with the tension, tension, tension

don't you understand too much tension, snap  
when you lose your grip  
too many demands start at birth, snap  
from the womb you're ripped  
leave your dreams inside, behind  
never had a reason that you'll never find  
tension builds another way  
gonna make you all go away

never thought too important to mention  
livin' through the birth, the birth of tension  
never thought too important to mention  
livin' with the tension, tension, tension

too much tension, all around  
too much tension, bring you down  
all the pressures in the narrow mind  
all the reasons you'll never find  
did you kill your father, sleep with your mother  
idolize your sister, were you jealous of your brother  
did ya kick the dog, were you beat with a strap  
were you really abused, were you fakin' all that  
too tense

you are killin' me so many ways  
so little time to think  
life's catastrophe, my glass is empty  
and I really need a drink  
movin' all so very quick  
movin' so fast that it makes me sick  
let me outta here  
livin' ain't livin' with the tension and the fear

never thought too important to mention  
livin' through the birth, the birth of tension  
never thought too important to mention