

Mental Torment

Origin

Consume my thought, rupture my being
Devour my soul, mentally bleeding
What has this done to me?

Live with this trauma, torment
Actions, words forever immortalized, mistakes, regrets
Misery ripping to pain, agony, agony, pain burning, conflict inside
Unanswered questions burn in me, Burning red hot mental torment

Screams shrouded in mind, body and soul
Wounds opened from tense anger and scorn
Consequence, blood letting, blood settles in pools
Hatred, screams ripping apart, memories seep from my wound
Scratching free, blood from me
Mind fucking insanely echoing
Sanity lies in it's dormancy

Inside my head, rage, fear consuming me
Sell myself short of myself, guilt stress stabbing my shield
Piercing these holes right through
My fate carved into stone, I am doomed

Plagued, receding into my hell, death, breathing, but I am not alive
Slave to my own mind I am
Lost inner feeling, fucked inner feeling, hate
Mind harbors anger, I harbor anger, soul harbors anger
Bleed bitter hatred cold bitter hatred, sick bitter hatred, agony
Self mental torment, my mental torment, I am mental torment

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Sanctum retreat into painfully agonized torture
Self-bred horror, terrible

Screams shrouded in mind, body and soul
Wounds opened from tense anger and scorn
Consequence, blood letting, blood settles in pools
Hatred, screams ripping apart, memories seep from my wound
Scratching free, blood from me
Mind fucking insanely echoing, sanity lies in it's dormancy,
awaiting me