It starts out kinda simple You're all up in my mental The stories that you're tellin me Are beating on my temple Liar, liar pants on fire Make my blood pressure go higher Mr. One- up try to run up Try to come up You can't just step up on the scene like a fiend And be down you need to look around Talkin this and talkin that But tell me where's the substance at It's pure frustration And endless conversation Have you heard Of something that was so absurd I've learned to care More about the words than How it sounds and I have found What you do you bring me down How it sounds and I have found What you do you bring me down This conversation's out of gas it won't last Talkin out your ass time's movin past so fast Your self-devoted candy coated, moted Loaded exploded into nonsense You're speakin in the past tense I'm bound to rebound I can't be drowned By all these clowns tryin to bring me down You can't jack backgrounds from the lost and found and be down OPM wears crowns from So-cal to your town world-renowned and still I have found I care more about the words than how it sounds Have you heard Of something that was so absurd I've learned to care More about the words than How it sounds and I have found What you do you bring me down How it sounds and I have found What you do you do you bring me down Listen what your doin yo it ain't that amusing You ain't sayin nothing but your mouth keeps on moving Abusing my ear drums all I see is smackin lips and gums It's enough to make my brain go numb From all this jibber mixed with jabber just makes me madder Please just give me the facts cause nothing else matters Still the same thing no name chump change Waiting for the encore such a bore heard it all before No more playin no more portraying Please tell me what the hell it is that you're saying How it sounds and I have found What you do you bring me down How it sounds and I have found What you do you do you bring me down How it sounds and I have found What you do you bring me down How it sounds and I have found

What you do you do you bring me down