Countless long nights
While I stare at the wall
I ask myself over again...

How did I end up
In this little hell?
How - did it ever begin?

Oh, oh, oh oh helpess

Helpless to turn back the clock
That ticks on
With its cruel shiny face
It laughs while it watches
My every disgrace - I was
Born a sap - all the
Nurses laughed when they
Saw me the first time
They giggled and they said
"This poor little monster'd be
Better off dead."

Oh, oh, oh oh helpess

Helplessly trapped in a body
I'm sure Should have never been mine.
I bet that my real one's
Doing just fine - and I
Don't belong here, I
Don't belong here - I
Should be quite rich
With a big shiny car
A house with twelve rooms
I deserve to go far.

Oh, oh, oh oh helpess

Helplessly falling in love
But does love
Really last through the night?
To love - To honor To kick and to bite! and I
Don't belong here, I
Don't belong here
It's all a mistake
I was destined for greatness
A leader, a prophet They're just too blind to notice.

Where did this whole silly story begin? It seems that my mind has gone - Blank.
I think that I've messed up a chapter or two. Perhaps it is best if I'm frank!

Oh, oh, oh oh helpess -

Helplessly lost like that poor chap who came For an innocent dance. He left with his brain smeared All over his pants! cause he Didn't belong here, he Didn't belong here He never should've left That warm cage in a zoo! His face was so ugly What else could I do? Can you - really blame me, I Had to smash it. He left me no choice, he was just like the others. I just had to kill him. With my poor, dear, old Mother.

Oh, oh, oh oh helpess

Helplessly fucked in the ass
By a legion of forty ex-cons
That's what it feels like
When you walk all over me.
Don't belong here, I
Don't belong here
Your eyes burn right through me.
They fill me with fear.
I could've been at home
Watching football, and drinking beer.

Oh, oh, oh oh oh helpess, so Helpless.