

## Break the Mould

Oi Polloi

Another adolescent suicide - 'cos you don't look the part  
Killed by the glossy magazines that brainwashed you from the start

Photos of models in expensive clothes  
Designer haircuts and arrogant pose  
Rammed down our throats time after time  
Their fashion is a violent crime

FIT IN - CONFORM - PRESSURED FROM THE START  
FREAK - FAILURE - IF YOU DON'T LOOK THE PART  
FIT IN - CONFORM - BE WHAT YOU'RE TOLD  
FREAK - FAILURE - IF YOU DON'T FIT THEIR MOULD  
Six stone four not an ounce of fat

TV made quite sure of that  
Eat your food can't keep it down  
Be like the images all around  
Laxative abuse life's so unfair  
Can't go out got nothing to wear  
Don't look in the mirror - it never lies  
Can hide your body but not the pain in your eyes  
DEATH DIET DEATH DIET DEATH DIET - ANOREXIA

Models on the page that we've all seen  
The ones on the adverts on the TV screen  
How come none look like you or me?  
They're trying to make us feel like freaks  
But their vision of perfection at which to aim  
Is an airbrushed illusion you can never attain  
Enough is enough we won't swallow the lie  
They're selling us a myth but we won't buy  
We won't conform - we won't even start  
We just don't care - if we don't look the part  
We won't conform - we won't be what we're told  
We just don't care - it's time to break the mould