It's hard to breathe when you're choking yourself It's hard to see through eyes misleading Though I swear I've been here before

So please, oh please pick up your feet I can't carry you anymore, anymore
In world of disbelief these words are guidance
In world of disbelief these words are guidance that one should follow

So please, oh please pick up your feet I can't carry you (I can't carry you)
So please, oh please pick up your feet I can't carry you (I can't carry you)

So say your prayers for the last time
You're a victim of your own lies
You're a failure
You're wrong
We lay our hearts into a pool of filth
We are lead by false pretenses
In a world of disbelief, these words are guidance
In a world of disbelief, these words are guidance
that one should follow