

## Pushing On

No Warning

With everything that goes on  
When I never thought it would get worse  
There always seems to be something more  
That pushes me away  
Pushing on. Can't stop now.  
I relive. I remember. It sticks and it stays  
All this time spent alone recapping the days  
Pace myself - Push myself  
Pushing on - I'm all I've got  
I won't let it stop but I've got to slow down  
Slowly I will rot looking out for all I keep around  
I can't stop now