You're livin' your life without a care in the world That's the way it should be What's life like in a candy swirl What's life like to me Everyone is slowing down Look once at life on the ground You all are the people, they're runnin' around Not making a sound Total hate! Total hate! Total hate!

Hey...Pick it up...

You're movin' along, just goin' your own way
Don't try to change
You're jumpin', you're runnin', you learn to play
Never try to rearrange
You're getting tired and starting to drag
Slowing down and that's sad
You're walkin' around, you're being a skag
Huh - well that's not my bag

Total hate! Total hate! Total hate! Total hate!

[BRADLEY]

You don't even know me so don't hate me Sublime rockin' No Doubt stylie
We do it Monday and on Friday
Get back to the show 'cause it's payday
11 o'clock, roll, roll it down
Rock the city with the number one sound
Long beat, Long Beach and it feels so fine
Rock this shit straight back to Anaheim
[GWEN]

Total hate, total hate
You're so fake, you make me shake
Your faded face is so irate
You share with none, you have no one
You're living your life in total hate

Total hate! Total hate!

Bo bo bo bo quandbass!