

## Chetan Jeevan (conscious Life)

Nitin Sawhney

I have lived life until now to the height of enjoyment  
My physical body accompanied by a conscious mind  
Endless desires swirl outside of me  
HE is also taking me along his cosmic path giving me experience  
of seeing, hearing, tasting, smelling and feeling  
I feel content while sleeping, crying, laughing, eating and drinking  
Day and night I think that there must be some purpose to this life  
I have come to understand joy and sorrow due to lust, anger, greed, attachment and ego  
I have started to think about what is the characteristic wont of life and about what is the uncharacteristic wont of life,  
about what is benevolent use of mind and words and what is harmful use of mind and words  
and about what is sin and what is virtue  
Thus no more desire or expectation for past, present or future remains with me  
My mind has gone beyond past, present and future and beyond the rational intellect of imagination  
I see that I am beyond birth and death and am enjoying mind in a state of samadhi

PS : I found this translation in a forum. Here is what the guy said :

An Indian friend of mine recently translated Chetan Jeevan (Conscious Life) for me and I thought I would share this in case other people are interested. My friend doesn't speak very good English so I've had to piece this together quite a bit. I'm sure it's more eloquent in its' original form and if anyone can help with a truer translation then please feel free!  
I use the definitions given by Shrii Shrii Anandamurti-ji for Dharma and Satya but realise that Hindu and Buddhist definitions are various and differ.  
With respect, Shriila' X