From the depths of slumber,
As I ascend the spiral stairways of wakefulness,
I will whisper:
God! God! God!

Thou art the food, and when I break my fast Of nightly separation from Thee, I will taste Thee, and mentally say:
God! God! God!

No matter where I go, the spotlight of my mind Will ever keep turning on Thee; And in the battle din of activity, my silent war-cry will be: God! God! God!

When boisterous storms of trials shriek, And when worries howl at me, I will drown their noises, loudly chanting: God! God! God!

When my mind weaves dreams
With threads of memories,
Then on that magic cloth will I emboss:
God! God! God!

Every night, in time of deepest sleep, My peace dreams and calls, Joy! Joy! Joy! And my joy comes singing evermore: God! God! God!

In waking, eating, working, dreaming, sleeping, Serving, meditating, chanting, divinely loving, My soul will constantly hum, unheard by any: God! God! God!