I've been sleeping in for days,
'Cause when I am awake,
I will have to face my life.
And I'm hoping it's a phase.
The walls that I create
Can only make it seem alright.
And I get carried away like I'm the only one
Who's ever felt the way that I do,
But I can hear you say, "You're not the only one.
Everybody hopes to get through."

## [Chorus]

And it's got me sleeping in.

Every day God, it's the same thing.

Yeah, you caught me sleeping in.

I'm still hiding; I'm still waiting.

I need you here with me to face the world outside

Cause I'm tired of sleeping in.

I've been waking up with fear,
Cause all that I can hear
Is the ringing of alarms downtown.
It's been going on for years,
But you have made it clear
That I am not alone in this crowd.
And I get carried away like I'm the only one
Who's ever felt the way that I do,
But I can hear you say, "You're not the only one.
Everybody hopes to get through."

## [Chorus]

Open up my eyes.
I'm tired of sleeping in
In a world that's dying to wake up.

I'm done with sleeping in.