Ah ah oh Ah ah oh

Lately I've been spread thin
Pulled in all directions
My heart feels like a motor
My head still needs your shoulder
Lately all I'm hearing
Is my own heavy breathing
And everybody laughing
At me and all my demons on display
My head feels like a mess
I'm running from the past
I always feel uneasy
And then you turn to ask me

Why are you so alarmed
You got me tied to a time bomb
Alarm, alarm, alarm
I don't wanna wake up
I just wanna stay home
Why are you so alarmed
You got me tied to a time bomb
Alarm, alarm, alarm
I don't wanna wake up
I just wanna stay home

Everybody scares me
And seeing you just tears me
Apart to tiny pieces
Scattered around the room and left to burn
I wanna give some away
My friends don't seem to care
Let me introduce you to
The logic behind dreaming all day long
My head feels like a mess
I'm falling through the cracks
I always feel uneasy
And then you turn to ask me

Why are you so alarmed
You got me tied to a time bomb
Alarm, alarm, alarm
I don't wanna wake up
I just wanna stay home
Why are you so alarmed
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How much time is left on My clock before I die How much time is enough time To find out who and why I don't think I'll ever find No I know I'll never find The person I'm meant to share The rest of my life with

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Ah oh oh
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Alarm, alarm, alarm, alarm, alarm
I don't wanna wake up
I just wanna stay home