Napalm Death

Sometimes when inattentive I become confused by my own actions Slow to see in myself The faults I'm quick to see in others Barricaded with problems I try to hide my face By submitting my strength To a mind-destroying substance But why do I run When it's myself I try to escape? Why don't I possess the strength To learn from my mistakes? The only way to overcome your fears Is to look them in the eye! To be aware of ones faults Is essential if they're to be corrected When you lack the desire to change The anguish becomes abundant