Rap1:

Emotions that's when you loose control - Of your mind, your bod y biological - Here we go flip around and punch your fellow man - The cops on your jock you don't even understand - Yo superman chill take a break -

A Kit Kar or whatever but please no mistakes - Have a look at m e check me out who I am now - Learned

from mistakes a better man let me help you out - Follow the lea der if not see ya - That's the reason why I wouldn't wanna be y a - Make up your mind face reality - Value what you get seek re sponsibility - That's theway it's time to get paid, ha! - Knowl edge is the word to remember - Startin' off the No.1 Defender

Chorus:

That's the way life goes, that's the way life is I know that I've made mistakes
But I'll do all that I can just to help my fellow man So I'll be a better man today

That's the way life goes That's the way life goes

Rap2:

Life most times heavy and tough - Bleed as you sweat as if you can't get enough - Attention one second and

I'm gone bye bye - See you trippin' checkin' you and yours why

- I sting like a bee persuade like the fly - I
got it goin' on 'cause I am built to survive - Once again I am back to attack all these fake jacks - Put you on the spot so you know me don't play that - How many steps Jesus do w e have to climb - It ain't over yet ring the alarm - God better bless or nothing can save ya - Mama told me that she did me a favour - That's the way it's time to get paid - Knowledge is the word to remember - Startin' off the No.1 De fender

Chorus x 2

That's the way life goes That's the way life goes That's the way life goes That's the way life goes