I CAN HEAR THE CLOCK TICK TACK TICK TACKA SECOND IN MY LIFE WIL L I WIN OR FLIP FLOPFLASHBACKS AND THE VOICES THAT I HEAR I DON 'T KNOWTHE LORD IS MY SHEARPARD NO FEAR COZ I TOLD YOU BEFOREDE SPITE ALL THE STRENGTH THAT I HAVE IN MY MINDINSTEAD OF WATER A LWAYZ PREFER WINE AND I DON'T NO WHYWAITIN' FOR THE MOMENT I CA N FLY WASH MY PAIN AWAYSOMETIMES I JUST WONDER PRAY TO GOD PLEA SE LET ME STAYYEARS NEARLY SEVEN AND I KNOW YOU DEFINATELYWATCH IN' ME FREE ME FROM THIS PAIN LET ME LANE BEFORE I GO INSANEHIG HLY BELIEVE IN YOU OBEY YOUR COMMAND YOU ARE ALL I GOTRIGHT PLA

CE RIGHT TIME ONE SECOND RIGHT SPOTTHINGS HAPPEN FAST NOWADAYS A DANGEROUS LIFEFAMILY IS WHAT WE NEED SOME KIDS AND A TOUGH AS S WIFEPOSITIV OR NEGATIV VIBES ALL UP TO YOUA SECOND IN YOUR LI FE YOU CAN BE FREE SO REMEMBER ME

CHORUS:ONE SECOND IN MY LIFE IS PASSIN' ME BYONE SECOND IN MY L IFE LIKE A BIRD IN THE SKYGOD LET ME KNOW WILL I LIVE OR WILL I DIEAND IF I HAVE TO GO I WANNA GO WITH A SMILE

ONE SECOND (2)

ALWAYZ PARANOID TRY TO AVOID ANY BAD NEWSSEE WHAT YOU SEE BETTE R LISTEN COZ' IT COULD BE YOUDEATH RATE HIGH AS IF WE WERE FLIE SSIX MILLION JEWS YO THAT MADE ME CONFUSEDWHERE THE FUCK WAS HI S BRAIN EVEN I FEEL ASHAMEDONE SECOND DEDICATED TO YOU GUYSLET' S STOP KILLIN' ONE ANOTHER AND REALIZESOMEONE EXPLAIN WHY WE RE ALLY HAVE TO SUFFERHOW TUFF DO WE HAVE TO BE LET US RECOVERANOT HER SECOND CLOSE MY EYES LOOSE CONTROL I COULD DIELUCKY WE AIN' T ALONE SO NO WOMAN NO CRYONCE AGAIN LITTLE SISTER LET ME TELL YOU DRY YOUR EYEBE STRONG AS YOU KNOW OTHERWISE YOU WON'T SURVI CELIFE IS TO SHORT COULD BE THRU IN A SECONDPOSITIVE OR NEGATIV E VIBES ALL UP TO YOUA SECOND IN YOUR LIFE YOU CAN BE FREE SO R EMEMBER ME