You keep bumping me against the wall Yeah I know I let you slide before But until you seen me...trust me

You ain't seen bouncin' back

I really be throwin' my words Standing 'em up, and jammin' on the one That ain't nobody but Neptunes bammin' on the drum Swift flip kicks landing from the tongue More dramatic than batman and robin, ba na na na na The one that be handling they business, be sharper than a thumb tack The one that be dropping these albums, showing 'em how to come back And you gon' respect me and appreciate where I run at You ain't gone piss me off, cause you sorry that you done that I gets meaner, badder, stronger and ferocious You don't even much wanna see the rest I'm coming back mo' fearless, mo' determined to fold the set I ain't even started yet So if you ain't ready you better get ready I know I do it better when I'm being opposed Ah stick ya chest out, keep your chin up 'Cause sometimes you gotta get knocked down to get up

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No matter what happened that's only once it's shame on you You come up and here and do it again then it's shame on me Sometimes we be getting in trouble we didn't want learn or Sometimes we be getting in trouble we ain't gon' see I accept my wages like the way that I fail I grow, I take 'em in stride and but 'em under my belt I learned from you just like you learned from me I plead, I pray for peace and perfect harmony Somebody said fool you better keep on rapping Stop that trippin', causin it ain't gone happin' I told them look you better mind yo business Change yo' way of thinking and keep on living Done started some trouble and you ain't been out since Cause you stuck inside scared watching CNN Just take the precaution so yo life will be better Tell my friends to call me I ain't accepting no letters

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Hmm-huh, I know you changed ya mind you ain't the only one with bad news I know that they made you feel strange huh
You was right in the middle complainin' and forgot what you was cryin' bout It could be you time and it might be
You can't do nothing about it, its God will thats just how life be
One day it hit 'cha then its gone
And I'm serious and you ain't never even gone feel it until it hit home
That's when the pain run sharper and deeper
You ain't eat that's when the days feel slow and long
I know you miss 'em so it's time to uplift 'em
Try to pick the pieces up and find a way to drive on
I tell you the truth so don't lie to me
Get back Satan don't bother me
And that's the way its gotta be
And real as ever so I hope you proud of me

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