

# I'm Not Okay (I Promise)

My Chemical Romance

Well if you wanted honesty, that's all you had to say.  
I never want to let you down or have you go, it's better off this way

For all the dirty looks, the photographs your boyfriend took,  
Remember when you broke your foot from jumping out the second floor?

I'm not okay  
I'm not okay  
I'm not okay  
You wear me out

What will it take to show you that it's not the life it seems?  
(I'm not okay)  
I've told you time and time again you sing the words but don't know what it means  
(I'm not okay)  
To be a joke and look, another line without a hook  
I held you close as we both shook for the last time take a good hard look!

I'm not okay  
I'm not okay  
I'm not okay  
You wear me out

Forget about the dirty looks  
The photographs your boyfriend took  
You said you read me like a book, but the pages all are torn and frayed

I'm okay  
I'm okay!  
I'm okay, now  
(I'm okay, now)

But you really need to listen to me  
Because I'm telling you the truth  
I mean this, I'm okay!  
(Trust Me)

I'm not okay  
I'm not okay  
Well, I'm not okay  
I'm not o-fucking-kay  
I'm not okay  
I'm not okay  
(Okay)