

## 12 Step Program

### Municipal Waste

You say my life's spinning out of control  
It seems never ending. I've heard it before  
It's like a disc skipping  
Pulling me towards the door

They've all tried to help me so give it a rest  
Sometimes my life's better when it's all a mess  
They've all tried to warn me. What should I do?  
I just don't want more harassment from you

I can't help but notice this occurring fact  
Of you just constantly jumping down my back

I know that you love me. You just want to help  
But some things are better handling myself  
I'm aware you worry but please understand  
If you keep on pushing who knows where I'll land

And I know things won't go good this time  
Now I just need a little more time for me

Heard it so many times before  
12 steps out the fucking door  
Pushed too hard and now I'm just bored  
12 steps out the fucking door

You say my life's spinning out of control  
It seems never ending. I've heard it before  
It's like a disc skipping  
But you're pulling me towards the door