Young and old people ah do dah dance yah
It hit mi ah tell you ah who dem ah ramp with
POPEYE! Dutchie Pot Ducthie Pot

Ravers Clavers, Black Blingers, Timless, Sample6 All Dancers

Every body start Tek Weh Yourself Fa lah di riddim and Tek Weh Yourself Spin with it and Tek Weh Yourself Ah di new dance Tek Weh Yourself

Cah some ah dem badmind some ah dem badmind Tek Weh Yourself dem badmind Dis yah one ah fi prime time Dis ah fi prime time Tek Weh Yourself ah prime time

So wen you see wicked people
Tek Weh Yourself
Wen you see nasty people
Tek Weh Yourself
From dem ah study evil
Tek Weh Yourself
Nah parr with dem inna vehicle
Tek Weh Yourself
And if you best fren ah cat
Tek, Tek Weh Yourself
And you nuh wah look flop
Tek, Tek Weh Yourself
Spin with it and nuh drop
Tek, Tek Weh Yourself
All keiva got it lock like dat.

Every body start Tek Weh Yourself Fa lah di riddim and Tek Weh Yourself Spin with it and Tek Weh Yourself Ah di new dance Tek Weh Yourself

Cah some ah dem badmind some ah dem badmind Tek Weh Yourself dem badmind Dis yah one ah fi prime time Dis ah fi prime time Tek Weh Yourself ah prime time

Tek Weh yourself it so easy fi do
Fi di style yah me Godafi caaaah suuu
Me and mi fren dem nuh join certain crew
Tek weh Weself from we ah play number 2
Tek Weh Weself cah we nuh rave with dem
Nah Tek Weh Weself from di gal dem
Dis one feel like another anthem
Watch dem ah do di dance ah Queens and Brooklyn

Every body start Tek Weh Yourself Fa lah di riddim and Tek Weh Yourself Spin with it and Tek Weh Yourself Ah di new dance Tek Weh Yourself

Cah some ah dem badmind some ah dem badmind Tek Weh Yourself dem badmind Dis yah one ah fi prime time Dis ah fi prime time Tek Weh Yourself ah prime time

So every dancer start march out
Dis ah dance yah weh dem ah talk bout
Tun up di sound it nah goh short out
Wicked people try walk me out
So mek we tek it pass dem deh
Yuh nuh si long time we pass dem deh
Ayyy mek di dance pass dem deh
Yaaa you nuh hear me seh ah no dem deh

Every body start Tek Weh Yourself Fa lah di riddim and Tek Weh Yourself Spin with it and Tek Weh Yourself Ah di new dance Tek Weh Yourself

Cah some ah dem badmind some ah dem badmind Tek Weh Yourself dem badmind Dis yah one ah fi prime time Dis ah fi prime time Tek Weh Yourself ah prime time