

Slow Down Jo

Monsters of Folk

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Anybody ever tell you that you move too fast?

Anybody ever tell you how to make a good thing last?

'Cause it ain't like that

First you gotta slow down Jo.

Last night I was talking to some friends of mine.

A.J.'s afraid you're gonna kill your time or lose your mind

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If you don't slow down Jo.

Anybody ever tell you if you lose the knack.

Anybody ever tell you that it's true

You can get it back?

But not like that

It ain't by kicking down the walls & pissing off your friends

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Every time the cards don't fall your way.

It ain't by poking out your eyes when you see something you don't like.

Even your mama said she don't want to see you spent at 25,

So come on Jo stay alive