

The only frequency I heard was you,
I heard you're going through some changes.
Changes that you know you need to make,
they're so difficult to make, but it's OK.

If only you would take the time to look inside and see
that you were changing
Of all the remedies and tragedies you're old enough to
fade away, and it's a shame

'Cause the only frequency, the only frequency I hear,
the only frequency I hear is the only frequency I hear
is you. Frequency the only frequency I hear, the only
frequency I hear is you. The only frequency is you.

The only frequency I heard was you
I heard you're going through the changes
And even though I know that I've been used
I realize that it's OK.
I'm not afraid.

I'm only trying to find the time to look inside and see
what's getting wasted.
I'm searching for an answer and I wake up to the sound
of yesterday,
but it's too late

The only frequency, the only frequency I hear, the only
frequency I hear is the only frequency I hear is you.
Frequency the only frequency I hear, the only frequency
I hear is you.

Frequency, the only frequency I hear, the only
frequency I hear is the only frequency I hear is you
Frequency, the only frequency I hear, the only
frequency I hear is the only frequency I hear is you

Someday I swear regret will fade
Today I'll make mistakes again
My friend beware nothing will last
I'll stay right here waiting, waiting
Frequency the only frequency I hear, the only frequency
I hear is the only frequency I hear is you.