I see it clear just like a picture on the wall and now I know how to steer I'm not afraid if I should fall yeah it took some tears oh but together we were strong and now I feel a burning beat inside my heart

And I feel alive for the first time in my life oh baby I feel alive tonight

You lift me up
Before I fall too far
You lift me up
You help me see the stars
You pick me up
When all my hope is gone
You lift me up
You lift me up
You lift me

Living in fear I couldn't see the rising sun just felt the weight of the world every time I tried to run But you helped remind me who I am and where I'm from and now I feel a burning beat in my heart

Yeah I feel alive for the first time in my life oh baby I feel alive tonight

You lift me up
Before I fall too far
You lift me up
You help me see the stars
You pick me up
When all my hope is gone
You lift me up
You lift me up
You lift me

Been through the fire but we walked off the pain yeah we kept reaching higher you were with me all the way No turning back now were so alive tonight

You lift me up
Before I fall too far
You lift me up
You help me see the stars
You pick me up
When all my hope is gone
You lift me up
You lift me up
You lift me