If you're caught in darkness, holding on for dear life, Remember where you started and how you knew what was right, And now if you're lonely, and the feeling ain't right...

Hold on! Don't give in...

You'll make it through the night.

Hold on! You'll make it through this life.

Living all together is the biggest challenge ever... Someone's gonna come and set you right.

Spread your wings and love will guide your flight... Get those good things into your life.

You've got the real thing, and only Love can bring An ending to these troubled times.

If your heart is heavy, and you live in fear, There's a time to be lonely
And a time to get clear
Let these words we're singing
Reach your inner ear.

Hold on! Don't give in...

You'll make it through the night.

Hold on! You'll make it through this life.