I need to feel stronger
And try to recover from all the darkest secrets I keep
You don't really know me
But still you get lonely
From all the nights that you spend alone

You don't have to be afraid to tell me that you're not ok I'm not here to judge you
I just want to help you get through all the pain

You've always been frightened Locked in a nightmare And injured by the truth you won't face

It's all in the past now
Move on and we'll watch out for anyone who gets in the way

You don't have to be afraid to tell me that you're not ok I'm not here to judge you
I just want to help you get through all the pain

Why do you hurt yourself?
And live with all the pain?
Let it go, let it go away.

Why do you hurt yourself?
And live with all the pain?
Let it go, let it go away.

You don't have to be afraid to tell me that you're not ok I'm not here to judge you
I just want to help you get through all the pain.
You don't have to be afraid to tell me that you're not ok I'm not here to judge you
I just want to help you get through all the pain.

Get through all the pain. Get through all the pain. Get through all the pain. Get through all the pain.