On the stairs she sits and waits
She's crying out but nobody even cares
(Yeah, yeah, yeah)
Holding in the hurt and pain
Looking for love to come pull her from this place
(Pull her from this place)

I'm not gonna sit and stay in silence
I'm not gonna walk away in silence

Sometimes we're loudest when
The doors are shut and no one can see our face
(No one can see our face)
But it seems we're quiet when
Someone needs a touch of heaven's grace, oh yeah

I'm not gonna sit and stay in silence
I'm not gonna walk away in silence

We need to count off all we've been given, oh yeah
We need to tell off all we've been given, oh yeah
We need to tell off all we've been given, oh yeah, oh yeah

I'm not gonna sit and stay
I'm not gonna walk away

I'm not gonna sit and stay in silence
I'm not gonna walk away in silence, yeah, in silence
I'm not gonna walk away in silence