

# I Know

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Everybody's talkin' in the homeroom  
Plans are being made for after school  
Should you tell them how you're really feelin'  
Or go along and play it cool  
Well, I know, I know  
How it feels, I know, I know

Everybody's talkin', about a good time  
Something tells you something isn't right  
But when you're lonely and the pressure's on you  
It's really hard to stand and fight

Well, I know, I know  
How you feel

Torn between the mind of the crowd  
And the matters of the heart

I know, I know  
How you feel, I know, I know

There's a light that holds you in the darkness  
There's a candle burning in the wind  
And if you can lean upon the Father  
You can find the strength within

Well, I know, I know  
That you can

Now it seems like everybody's against you  
And no one really cares

You don't know who to trust,  
You don't know where to turn  
Well at least you know you've got a prayer  
So reach out for the one who understands you  
Oh, He's been there

He knows, He knows  
How you feel

Well, I know, that He knows, He knows  
I know, I know, that He knows