

# Betrayed

Metal Church

I've been waking up shaking, and the bottles are gone  
What will I do with my day, and how will I get along  
I need a replacement for the habit I have  
I just need to get something, I can't live in the past

The craving grows stronger the longer I'm away  
The pain cuts deeper each bottle I betray

What looks like it's harmless, is rotten inside  
What you don't know might not hurt you until after you die  
I've always thought when you grow up somehow you get wise  
But I've been living in a nightmare behind a party disguise

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Just take a drink and you will find yourself back where you started  
Temptation is the hardest thing, just push it all away  
Once you take the first step, there'll be no more turning back

Just take a look at how far you progressed to be sober  
Lose faith in yourself, off the wagon you will fall  
Staying clean and sober is the only way to go

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