

## Perpetual Black Second

Meshuggah

Trapped in a ceaseless fever of spite,  
an unending fit of resentment and anger  
Caught in a moment of unforgiveness  
In the snapshot of a hate filled second

The speechless flickering of uncomprehending eyes  
-Dilated in disbelief  
Your vacant gaze distorted  
Twisted in its accusing glare

Teeth glimmering in emotional rage  
Spit of hate suspended in mid-air  
Bodies strained in fury  
Devoured by jaws of despair

One single image frame I wish to forget  
now replayed in succession of millions  
The one second I will always regret  
-My hell found in its reiteration

Held within the visualization,  
the continuous rerun of my own violence  
A fraction of time perpetuated  
By my regretful soul animated

Please forgive the evil in me - The darkness within  
Ferocious, inherent demon. Adrenaline gland resident

Threatened subconscious snake. Repressed into  
striking coil  
Surfacing that black second. Ascending with the boil