

Perpetual Black Second

Meshuggah

Trapped in a ceaseless fever of spite,
an unending fit of resentment and anger
Caught in a moment of unforgiveness
In the snapshot of a hate filled second

The speechless flickering of uncomprehending eyes
-Dilated in disbelief
Your vacant gaze distorted
Twisted in its accusing glare

Teeth glimmering in emotional rage
Spit of hate suspended in mid-air
Bodies strained in fury
Devoured by jaws of despair

One single image frame I wish to forget
now replayed in succession of millions
The one second I will always regret
-My hell found in its reiteration

Held within the visualization,
the continuous rerun of my own violence
A fraction of time perpetuated
By my regretful soul animated

Please forgive the evil in me - The darkness within
Ferocious, inherent demon. Adrenaline gland resident

Threatened subconscious snake. Repressed into
striking coil
Surfacing that black second. Ascending with the boil