

# Sleepless Nights

## Memphis May Fire

I stare deep down into the eyes of my nightmares  
As they come to life  
I feel my heart beat right out of my chest  
and I think I might be losing the fight  
(I might be losing it)

I live inside my poisoned mind  
It leaves me paralyzed (it leaves me paralyzed)  
My visions blurred  
My words are slurred  
I think I might, might die tonight

This shadow follows me  
It always keeps me on the edge  
I know that I would never jump  
So why cant I step back from the ledge?  
Am I losing control?

You take me to the darkest places I have ever been  
I think I feel it coming back again

Why am I terrified of everything I used to love  
Save me from myself I don't want to hate who I've become  
Inhale, exhale  
Why is it so hard to breathe  
Inhale exhale  
Why isn't this working?!  
If I live to see the other side of this  
I swear I'll never take for granted any happiness  
I never knew what i had until it was gone  
How long will this go on?

Why am I terrified of everything I used to love  
Save me from myself I don't want to hate who I've become  
Tell me that tomorrow when I wake up I'll be fine  
I just want to be myself again  
I want to know that I'm alive

Tell me is there something that I'm learning from this?  
I try my best to make the most of it  
Maybe i just need to see the bigger picture  
Show me how it ends

If I have to feel this forever,  
I'd rather feel nothing at all.

Bring me back to life  
I just can't take another sleepless night  
Bring me back to life  
Give me the clarity to see the light

I know that you can take this away  
So I'm praying that today is the day  
Oh, I pray that today is the day  
Bring me back to life

Why am I terrified of everything I used to love

Save me from myself I don't want to hate who I've become  
Tell me that tomorrow when I wake up I'll be fine  
I just want to be myself again  
I want to know that I'm alive

Please give me peace  
Give me joy  
Give me sanity,  
Give me hope  
Give me love  
Give me truth.