B-boys yo I'm so upset Break it down hard for the West respect Bite yo' tongue, but don't you run The fight ain't over it's just begun Listen real close I'll get you straight This is no La-Di-Da-Di or a radio break Grab yo' speakers, a paper, a pen And pay close attention because the West is in Servin this notice and you better take notes The West is down and we ain't no joke West coast b-boys on the rise Hammer and the posse cold kickin it live Breakin down beats, MC's I devour Rockin on the mic and you're feelin my power (Oooh) Yeah, like I knew you should Power is the key and you know what it gets I come to see your show, that's how you make yo' check Head so big, give us respect Y'all talk a lot of stuff sucker boy we legit Voice like go boom and you know you're doomed If you try to diss the West when the Hammer's in the room When the story is told, you act so bold Leap like a frog if you think you're bold I chew you like gum, and spit you out You're nuttin but a fish, a smelt and not a trout Fish boy liver when you see me you shiver You talk a lot of whack, MC Hammer, I deliver Breakin down beats, MC's I devour Rockin on the mic and you're feelin my power Yeahhh! Like a nuclear shower Where would you go if you really didn't know I was chillin at your show sittin in the front row Me and my posse, posse yell HO Rockin on the mic just to let you know No denyin on what you've been tryin The West ain't dead, yo' raps are dyin All yo' beats they all sound the same If yo' name was Joe would his be the same? B-boy rocker, a real show stopper Sippin on soda don't drink no vodka In effect now boy, we in effect You talk that whack, we want respect Breakin down beats, MC's I devour Rockin on the mic and you're feelin my power (Oooh) Yeahhh! Like a nuclear shower I'm not impressed, can you count to 3? 1-2-3 I won't give you hell Y'all talk a lot of whack yep boy go yell Don't be a fool, and don't quit school I rock on the mic and the {?} tool I'm a real showstopper on a mission to prove You got an education you're on the move I stayed in class with a pen and pad I rock on the mic and I'm no jackass In effect boy and I dare you to try The West is def and we won't be denied

Breakin down beats, MC's I devour

Rockin on the mic and you're feelin my power (Oooh) Yeahhh! Like a nuclear shower