

Catch Your Breath

Matthew Sweet

Now you're never gonna get back to the boy you had
You have broken the chains forever
Now you're never gonna get back to the girl you were
(You are looking for a boy)

I have found you
(Standing free, now that he)
No longer surrounds you
(Wishing your memories)
Away

Come, catch your breath
Nobody's going to rush you
Catch your breath
This time you don't have to hide
All those hopes you're frightened of
And have no strength to fight alone

It was written in the stars, you'd be resting here
Slipping straight from the arms of heaven
No, I never would have guessed in a million years
(You were looking for a sign)

Now I hold you
(Shivering in my arms)
Forget what he told you
(Wishing your memories)
Away

Come, catch your breath
Nobody's going to rush you
Catch your breath
This time you don't have to hide
All those hopes you're frightened of
And have no strength to fight alone

(You were looking for a boy)
I have found you
(Standing free, now that he)
No longer surrounds you
(Wishing your memories)
Away

Come, catch your breath
Nobody's going to rush you
Catch your breath
This time you don't have to hide
(Catch)
Catch your breath

Nobody's going to rush you
Catch your breath
This time you don't have to hide
Catch your breath