And with the world comes misery Comes jealousy and pain And with new friends come enemies The fortune brings the fame And oh my dear confidant (tell me how to feel) Tell me how to feel (tell me how you've been) I've been overwhelmed (overwhelmed by what) By what lies up ahead Only when your heart is true Only when your heart is true Till you learn to trust yourself Put your trust in someone else And with new love comes mystery Comes fear you can't define And with new love comes history Old stars that won't align Oh my dear confidant (tell me how to feel) Tell me how to feel (tell me how you've been) I've been overwhelmed (overwhelmed by what) By what lies up ahead Only when your heart is true Only when your heart is true Till you learn to trust yourself Put your trust in someone else