

# The Living Proof

Mary J. Blige

It's gonna be a long long journey  
It's gonna be an uphill climb  
It's gonna be a tough fight  
There's gonna be some lonely nights  
But I'm ready to carry on  
I'm so glad the worst is over (cos it almost took me out)  
I can start living now ooh ooh  
I feel like I can do anything  
And finally I'm not afraid to breathe

Anything you say to me  
And everything you do  
You can't deny the truth  
Cos I'm the living proof  
So many don't survive  
They just don't make it through  
But look at me oh ho  
I'm the living proof - oh yes I am

Thinking 'bout how life's been painful  
Took a while to learn how to smile  
So now I'm gonna talk to my people oh oh  
About the storm (2x) wo ooh  
So glad the worst is over  
I can start flying now oh ho  
My best days are right in front of me  
Yet I'm almost there  
Cos now I'm free oh

Anything you say to me  
And everything you do  
You can't deny the truth  
Cos I'm the living proof  
So many don't survive  
They just don't make it through  
But look at me, I'm the living proof

I know where I'm going  
Cos I know where I've been oh oh  
I kind of feel strong as  
I'm gonna stay strong keep going  
That's the way that I'll win

Anything you say to me  
And everything you do (everything you do)  
You can't deny the truth  
Cos I'm the living proof  
So many don't survive  
They just don't make it through  
But look at me, I'm the living proof

Nothing 'bout my life's been easy  
But nothing's gonna keep me down no  
Cos I know a lot more today  
And I know yesterday  
So I'm ready to carry on