

The Living Proof

Mary J. Blige

It's gonna be a long long journey
It's gonna be an uphill climb
It's gonna be a tough fight
There's gonna be some lonely nights
But I'm ready to carry on
I'm so glad the worst is over (cos it almost took me out)
I can start living now ooh ooh
I feel like I can do anything
And finally I'm not afraid to breathe

Anything you say to me
And everything you do
You can't deny the truth
Cos I'm the living proof
So many don't survive
They just don't make it through
But look at me oh ho
I'm the living proof - oh yes I am

Thinking 'bout how life's been painful
Took a while to learn how to smile
So now I'm gonna talk to my people oh oh
About the storm (2x) wo ooh
So glad the worst is over
I can start flying now oh ho
My best days are right in front of me
Yet I'm almost there
Cos now I'm free oh

Anything you say to me
And everything you do
You can't deny the truth
Cos I'm the living proof
So many don't survive
They just don't make it through
But look at me, I'm the living proof

I know where I'm going
Cos I know where I've been oh oh
I kind of feel strong as
I'm gonna stay strong keep going
That's the way that I'll win

Anything you say to me
And everything you do (everything you do)
You can't deny the truth
Cos I'm the living proof
So many don't survive
They just don't make it through
But look at me, I'm the living proof

Nothing 'bout my life's been easy
But nothing's gonna keep me down no
Cos I know a lot more today
And I know yesterday
So I'm ready to carry on