

Faith On The Table

Martin Sexton

When you're down and feeling left out
Wondering what this pain is about
Here's something mother taught me
When I was a child
It's passed down from an old generation
To let us all in on the new revelation
See the light and comfort will be on the way

I've got a little faith on the table
Find a little hope in the jar
There's got to be sanity 'round here somewhere
And then shake it up.

A simple message, simple virtues three
But it's not as easy as it looks on TV
Mix these with a little bit of sadness
And you will find the joy, practice boy.

I've got a little faith on the table
Find a little hope in the jar
There's got to be sanity 'round here somewhere
And then shake it up.

And with your honesty and your open mind
Find the willingness of a child

It helps a lot when I don't act like a loser
But I know mama these lyrics gonna confuse ya
It's like a sudsy train raging through my one track mind.

I've got a little faith on the table
Find a little hope in the jar
There's got to be sanity 'round here somewhere
And then shake it up.
Got to shake it up.