

[Verse 1]

Honey, I'm home! Where's my dinner? And this place is a mess  
And less than adequate, marked with laziness and soap-opera watching  
Clean it top to bottom now or face the consequences  
Stop that sentence, I don't really want to hear your feedback  
Smack the taste out of your loud mouth now  
Sweetheart, the game is on and you just fouled out  
How about a little affection thrown in my direction honey?  
Yeah, I'm sorry for the way I yelled about the money that I lost  
Gambling last night, but you must be on the crack pipe  
If you think I'ma let a woman take that tone with me  
And I know they cut the phone, see? But I wasn't trying to hear it  
I didn't mean to break your face, I just wanted to break your spirit  
And your arm the night before, I thought we agreed that was an accident  
Now the neighbors called the cops on some old assault and battering  
And I'm a man of my word and all my words got 4-Letters  
The door is that way, but you'll never do any better than me  
This is my house, I'm the man, I rule with the hand of fear  
You don't like it? Get out! Now go get me another beer  
Did I make myself clear? Don't make me say it twice  
I worked a double shift last night and don't got time to play it nice  
As for the lipstick on my collar, well that's my business  
You're my wife and all that, but let's face it. You got your limits  
You're dependent on this bread winner 'cause you're barefoot and pregnant  
I'm a part of your life til I decide to make my exit...

[Hook 1]

He's the alpha, the top of the pile, the leader of the pack  
You'll listen when he talks because he's got it like that  
Matter fact he rules with iron fist, gripping misfortune  
He learned to be a man from his father before him  
Yeah, he's the alpha, the first person in every universe  
Version 5.0 pack animal with blood thirst and stamina  
The root of family trees where so many have fallen  
He'll provide for your needs, but please proceed with caution  
The Alpha...

[Verse 2]

Now I was called long ago to grow to be a man  
And show the ones before and after me so maybe they could understand  
And know the facts that with power, responsibility's attached  
And the appropriate response isn't always to react  
And attack the weakness of beautiful creatures 'cause we can't  
It's our duty to implant wisdom and patience in our stance  
And it's true that woman was made from man's rib, so oddly  
When you sin against your wife, you sin against your own body  
And an open fist beatdown is never an option for mine  
For she was made in God's image, so I'm inclined to put her desires  
And needs before me daily and see my lady as a queen  
Her submission is a calling that isn't enforced by me  
Cause I'm free from a GQ, Maxim, Playboy establishment  
Christ is the man I strive to be like and that's no accident  
My dad implanted the fuel and the means that I found vital  
If your father was a deadbeat or absent, you can break the cycle  
Take the Bible and tradition and follow the map accordingly  
Spread the answers I've found around the world  
I'll firmly lead my household and display emotions openly

And show my people what a real man's supposed to be...

[Hook 2]

Cause I'm the Alpha, called and destined, the leader of the pack  
I'll listen when you talk because I've got it like that  
Matter fact, I'll protect you with my life because I love you  
And carry you on my back through everything we have to trudge through  
The Alpha, first person in every universe  
Version 6.0, sacrifice my body to the dirt  
I challenge Alpha Males to change so you can see  
A man standing there where a boy used to be  
The Alpha...