Happiness Is The Road

Marillion

The greatest blessing that we have Is the dawn of each new day A chance to finish what we started And made a mess of yesterday As day comes out of night A chance to get it right A chance to start again A chance to get it right

The people here
Full of love and comfortable in themselves
Not scared to let go
No fear round here

I met this man
In Utrecht Netherlands
He was a doctor of the body and the soul
He said to me:
Man, there's a book you have to read.
I feel your pain. It makes me cry
But these tears are yours - not mine.

You're focusing on all of your bad yesterdays
The worry lines are getting deeper every day
And deep inside you
No surprise - there's a crisis!
You might have been to blame
But you can't go on this way
Must I watch and pray?

While you torture yourself with what's behind ya Torture yourself with what awaits ya Draggin' that guilt and regret inside ya Anxious of the goals that always evade ya

Your mind will find a way to be unkind to you somehow But all we really have is happening to us right now

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And each baby..

A human sunrise

Each baby - a human sunrise..

Look around you
Feel your soul inside you
Look inside you
Feel the life course through you
The life that's giving In every thing that's living
The plants and the trees
The birds and the bees
And apes like you and me

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You're a slave to your mind But you are not your mind You are not your pain Say it again You are not your pain Say it again You are not your pain

Happiness aint at the end of the road Happiness aint at the end of the road Happiness IS the road The road

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