- 1. There's a hero, if you look inside your heart You don't have to be afraid of what you are There's an answer, if you reach into your soul And the sorrow that you know will melt away
- R: And then a hero comes along, with the strength to carry on And you cast your fears aside, and you know you can survive So, when you feel like hope is gone, look inside you and be strong

And you finally see the truth that a hero lies in you

- 2. It's a long road, and you face the world alone No one reaches out a hand for you to hold You can find love, search within yourself And the emptiness you bear will disappear
- R: And then a hero comes along...
- *: Lord knows things are hard to follow But don't let anyone take that away Hold on - there will be tomorrow In time you find the way
- R: And then a hero comes along...

That a hero lies in you Mmm-mmm that a hero lies in you