

## Head On

Man Man

There's a knock at your door  
You don't even recognize the stranger  
It's you from before  
Trying to warn you all about the dangers

There's a hole in your head  
At least that's what everybody's guessing  
It's why you're always misread  
It's why you sleep but you never feel rested  
You never get your rest in

Hold on to your heart  
Hold it high above flood waters  
Hold on to your heart  
Never let nobody drag it under  
Hold on to your heart  
Even when your body's bitter  
Hold on to your heart  
Never let nobody take it over  
Ever take it over  
Ever take it over from you

There's a call on the phone  
You don't even recognize the number  
It's an old episode  
Of trying to put the lightning on the monster  
Of the life you have led  
That is always a mess  
Are you dreaming of death  
Are there ghosts in your chest  
Are you always so restless  
Yes you are, is that hard?

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Is it all a game of bait and switch your brains  
And follow your leaders to hell  
Is it all the same vein of insane  
As drinking from a poisoned well

And I need new skin for this old skeleton of mine  
Cause this one that I'm in  
Has let me down once again  
Over time

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Over time

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Ever take it over  
Ever take it over  
Ever take it over  
Ever take it over  
Ever take it over from you