Just imagine what it's like to love yourself from the inside ou t.

Imagine, instead of dread again, you wake up, now you feel aliv e.

'Cause you don't have to walk alone You're not alone right now.

You don't have to hate the world. You don't have to walk alone. You're not alone right now.

You know it's all in your mind.

It's how you see the world behind your eyes.

Just imagine what it's like to sleep at night with nothing on y our mind.

Imagine, don't regret again, everything you've done just turned out fine.

'Cause you don't have to walk alone You're not alone right now.

You don't have to hate the world. You don't have to walk alone. You're not alone right now.

You know I would do anything:
Wrap it up and give the world to you.
When you think you've had enough,
When you think the skies are falling down...
Just breathe.

Open up your heart to it.

Let the sun cover up the flies in your mind.

This is not who you are.

Push it out, crush it, burn it down.

Burn it down.

Scatter it on the ocean floor.
Let the earth clean it out.
Just breathe.
Just breathe.
Oh, just breathe.