

Let It Go

Madina Lake

We all make mistakes
with heads full of memories
that you can't erase (unless you feel it, you'll never forget it)
So you push the pain below,
hiding all your enemies
and there they grow, unless you find 'em, you'll never forget 'em

Ya know you have to feel the pain,
let it hurt, let it rain (let it rain)
Cuz if you bury it away, it will come back again and again.
Let it go.

We've all been through things,
victims of the worlds disease
and yet we blame ourselves (unless you feel it, you'll never forget it)
You know it's not your fault,
but you've gotta get it out somehow
cuz if you deny it, you'll never find it, you're gonna regret it

Ya know you have to feel the pain,
let it hurt, let it rain (let it rain)
Cuz if you bury it away, it will come back again and again.
Let it go.

Every time you're under it
the guilt claims your innocent
the farther down you go.
And every time you bury it,
the shame, the loss, and the regret
can all be over if you just feel it, so never forget it.

Ya know you have to feel the pain,
let it hurt, let it rain (let it rain)
Cuz if you bury it away, it will come back again and again.
Let it go.